

THE PALIVERSE PROJECT

The Universe of Buddha's Wisdom

The Triple Canon (Tipiṭaka)

The Canon of Discourses (Sutta Piṭaka)

5. The Collection of Minor Texts (5. Khuddaka Nikāya)

01. Minor Readings (01. Khuddakapāṭhapāḷi)

9. The Discourse on Friendliness (9. Mettasuttaṃ)

[KP 9, PTS 8-9]



PaliVerse

5. The Collection of Minor Texts

01. Minor Readings

9. The Discourse on Friendliness

- 1.** What is to be done by one skilled in the good, having fully realised the peaceful state;
One should be able, upright and very upright, easy to admonish, gentle and not arrogant.
- 2.** Content and easily supported, having few duties and light in living;
With peaceful faculties and prudent, not impudent, not greedy among families.
- 3.** And one should not practise any small thing, by which the wise among others would censure one;
May they be happy and secure, may all beings be happy in themselves.
- 4.** Whatever living beings there are, whether trembling or steady, without remainder;
Whether long or great, middling, short, subtle or gross.
- 5.** Whether seen or unseen, whether dwelling far or near;
Whether come to be or seeking birth, may all beings be happy in themselves.
- 6.** One should not deceive another, nor should one despise anyone anywhere;
Through anger or perception of aversion, one should not wish suffering for one another.
- 7.** Just as a mother would protect her own son, her only child, with her life;
So too towards all beings, one should develop a limitless mind.
- 8.** And towards the whole world, one should develop a limitless mind of friendliness;
Above, below, and across, unconfined, without enmity, without hostility.
- 9.** Standing, walking, seated, or lying down, as long as one is free from torpor;
One should resolve upon this mindfulness - they call this the divine abiding here.
- 10.** And not having approached wrong view, moral, accomplished with insight;
Having removed greed for sensual pleasures, for surely he does not come again to lying in a womb.

The Discourse on Friendliness is concluded.

The Khuddakapāṭha Pāṭi is concluded.



ABOUT THIS TRANSLATION

This translation is part of the PaliVerse Project - the first complete, unified English translation of the Pāli Canon together with its Commentaries (Aṭṭhakathā) and Subcommentaries (Tīkā), accompanied by interactive study tools. PaliVerse is an ongoing project. The AI translations are continuously improved through experts' revisions and feedback. This text is the latest translation as of the date of download.

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