

THE PALIVERSE PROJECT

The Universe of Buddha's Wisdom

The Triple Canon (Tipiṭaka)

The Canon of Discourses (Sutta Piṭaka)

5. The Collection of Minor Texts (5. Khuddaka Nikāya)

09. Verses of the Elder Nuns (09. Therīgāthāpāḷi)

11. The Book of the Twelves (11. Dvādasakanipāto)

[Thig 11.1, PTS 145]



PaliVerse

5. The Collection of Minor Texts

09. Verses of the Elder Nuns

11. The Book of the Twelves

1. Verses of the Elder Nun Uppalavaṇṇā

- 224.** "Both mother and daughter, we were co-wives;
For me there was spiritual urgency, wonderful and terrifying.
- 225.** "Shame on sensual pleasures, unclean, foul-smelling, full of thorns;
Where mother and daughter, we were co-wives.
- 226.** "Having seen the danger in sensual pleasures, having seen security in
renunciation;
She went forth at Rājagaha, from home into homelessness.
- 227.** "I know past lives, the divine eye has been purified;
And the knowledge of others' minds, the ear-element purified.
- 228.** "Supernormal power has been realised by me, the elimination of mental
corruptions has been attained by me;
The six higher knowledges have been realised, the Buddha's teaching has
been fulfilled.
- 229.** "Having created by supernormal power a chariot with four horses, I;
Having paid homage at the feet of the Buddha, the Protector of the World,
such a one."
- 230.** "Having approached the tree in full bloom at its top, you stand alone at the
foot of the sal tree;
And there is no companion of yours whatsoever, do you not fear the cheats,
young fool?"
- 231.** "Even a hundred thousand cheats, such as these, were to come together;
I would not stir a hair nor would I tremble, what will you do to me, Māra, alone?"
- 232.** "I can disappear, or I can enter your belly;
I can stand between your eyebrows, and standing there you will not see me.
- 233.** "I have become master over my mind, the bases for spiritual power are well
developed;
The six higher knowledges have been realised, the Buddha's teaching has
been fulfilled.
- 234.** "Sensual pleasures are like stakes of spears, the aggregates are their
chopping block;
What you call 'sensual delight', that is now discontent for me.

- 235.** "Delight has been destroyed everywhere, the mass of darkness has been split open;
Know thus, Evil One, you are defeated, O Death."

... The Elder Nun Uppalavaṇṇā...

The Chapter of Twelves is concluded.



ABOUT THIS TRANSLATION

This translation is part of the PaliVerse Project - the first complete, unified English translation of the Pāli Canon together with its Commentaries (Aṭṭhakathā) and Subcommentaries (Tīkā), accompanied by interactive study tools. PaliVerse is an ongoing project. The AI translations are continuously improved through experts' revisions and feedback. This text is the latest translation as of the date of download.

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