

THE PALIVERSE PROJECT

The Universe of Buddha's Wisdom

The Triple Canon (Tipiṭaka)

3. The Canon of Higher Teaching (3. Abhidhamma
Piṭaka)

02. The Book of Analysis (02. Vibhaṅgapāḷi)

10. Analysis of Enlightenment Factors
(10. Bojjhaṅgavibhaṅgo)

[Vb 10, PTS 227-234]



PaliVerse

02. The Book of Analysis

10. Analysis of Enlightenment Factors

1. The Suttanta Classification

466. Seven factors of enlightenment - the enlightenment factor of mindfulness, the enlightenment factor of investigation of phenomena, the enlightenment factor of energy, the enlightenment factor of rapture, the enlightenment factor of tranquillity, the enlightenment factor of concentration, the enlightenment factor of equanimity.

467. Therein, what is the enlightenment factor of mindfulness? Here a monk is mindful, endowed with the highest mindfulness and discretion, remembering and recollecting what was done long ago and what was said long ago - this is called "the enlightenment factor of mindfulness".

He, dwelling thus mindful, investigates that phenomenon with wisdom, examines it, and commits to thorough inquiry - this is called "the enlightenment factor of investigation of phenomena".

For him, investigating that phenomenon with wisdom, examining it, committing to thorough inquiry, energy is aroused and unsluggish - this is called "the enlightenment factor of energy".

For one with aroused energy, spiritual rapture arises - this is called "the enlightenment factor of rapture".

For one whose mind is filled with rapture, the body becomes calm and the mind becomes calm - this is called "the enlightenment factor of tranquillity".

For one whose body is calm, who is happy, the mind becomes concentrated - this is called "the enlightenment factor of concentration".

He becomes one who thoroughly looks on with equanimity at the mind thus concentrated - this is called "the enlightenment factor of equanimity".

468. Seven factors of enlightenment - the enlightenment factor of mindfulness, the enlightenment factor of investigation of phenomena, the enlightenment factor of energy, the enlightenment factor of rapture, the enlightenment factor of tranquillity, the enlightenment factor of concentration, the enlightenment factor of equanimity.

469. Therein, what is the enlightenment factor of mindfulness? There is mindfulness regarding internal phenomena, there is mindfulness regarding external phenomena. Whatever is mindfulness regarding internal phenomena, that too is the enlightenment factor of mindfulness; it leads to direct knowledge, to highest enlightenment, to Nibbāna. Whatever is mindfulness regarding external phenomena, that too is the enlightenment factor of mindfulness; it leads to direct knowledge, to highest enlightenment, to Nibbāna.

Therein, what is the enlightenment factor of investigation of phenomena? There is investigation regarding internal phenomena, there is investigation regarding external phenomena. Whatever is investigation regarding internal phenomena, that too is the enlightenment factor of investigation of phenomena; it leads to direct knowledge, to highest enlightenment, to Nibbāna. Whatever is investigation regarding external phenomena, that too is the enlightenment factor of investigation of phenomena; it leads to direct knowledge, to highest enlightenment, to Nibbāna.

Therein, what is the enlightenment factor of energy? There is bodily energy, there is mental energy. Whatever is bodily energy, that too is the enlightenment factor of energy; it leads to direct knowledge, to highest enlightenment, to Nibbāna. Whatever is mental energy, that too is the enlightenment factor of energy; it leads to direct knowledge, to highest enlightenment, to Nibbāna.

Therein, what is the enlightenment factor of rapture? There is rapture with applied and sustained thought, there is rapture without applied and sustained thought. Whatever is rapture with applied and sustained thought, that too is the enlightenment factor of rapture; it leads to direct knowledge, to highest enlightenment, to Nibbāna. Whatever is rapture without applied and sustained thought, that too is the enlightenment factor of rapture; it leads to direct knowledge, to highest enlightenment, to Nibbāna.

Therein, what is the enlightenment factor of tranquillity? There is tranquillity of body, there is tranquillity of consciousness. Whatever is tranquillity of body, that too is the enlightenment factor of tranquillity; it leads to direct knowledge, to highest enlightenment, to Nibbāna. Whatever is tranquillity of consciousness, that too is the enlightenment factor of tranquillity; it leads to direct knowledge, to highest enlightenment, to Nibbāna.

Therein, what is the enlightenment factor of concentration? There is concentration with applied and sustained thought, there is concentration without applied and sustained thought. Whatever is concentration with applied and sustained thought, that too is the enlightenment factor of concentration; it leads to direct knowledge, to highest enlightenment, to Nibbāna. Whatever is concentration without applied and sustained thought, that too is the enlightenment factor of concentration; it leads to direct knowledge, to highest enlightenment, to Nibbāna.

Therein, what is the enlightenment factor of equanimity? There is equanimity regarding internal phenomena, there is equanimity regarding external phenomena. Whatever is equanimity regarding internal phenomena, that too is the enlightenment factor of equanimity; it leads to direct knowledge, to highest enlightenment, to Nibbāna. Whatever is equanimity regarding external phenomena, that too is the enlightenment factor of equanimity; it leads to direct knowledge, to highest enlightenment, to Nibbāna.

470. Seven factors of enlightenment - the enlightenment factor of mindfulness, the enlightenment factor of investigation of phenomena, the enlightenment factor of energy, the enlightenment factor of rapture, the enlightenment factor of tranquillity, the enlightenment factor of concentration, the enlightenment factor of equanimity.

471. Therein, what is the enlightenment factor of mindfulness? Here a monk develops the enlightenment factor of mindfulness, based upon seclusion, based upon dispassion, based upon cessation, maturing in release; he develops the enlightenment factor of investigation of phenomena... etc. He develops the enlightenment factor of energy... He develops the enlightenment factor of rapture... He develops the enlightenment factor of tranquillity... He develops the enlightenment factor of concentration... He develops the enlightenment factor of equanimity, based upon seclusion, based upon dispassion, based upon cessation, maturing in release.

The Discourse Analysis.

2. The Abhidhamma Classification

472. Seven factors of enlightenment - the enlightenment factor of mindfulness, the enlightenment factor of investigation of phenomena, the enlightenment factor of energy, the enlightenment factor of rapture, the enlightenment factor of tranquillity, the enlightenment factor of concentration, the enlightenment factor of equanimity.

473. Therein, what are the seven factors of enlightenment? Here a monk, at whatever time he develops supramundane meditative absorption, leading to liberation, leading to non-accumulation, for the abandoning of wrong views, for the attainment of the first plane, quite secluded from sensual pleasures, etc. enters and dwells in the first meditative absorption, which is of difficult practice and sluggish direct knowledge, at that time there are seven factors of enlightenment - the enlightenment factor of mindfulness, etc. the enlightenment factor of equanimity.

474. Therein, what is the enlightenment factor of mindfulness? Whatever mindfulness, recollection, etc. right mindfulness, enlightenment factor of mindfulness, path factor, included in the path - this is called "the enlightenment factor of mindfulness".

Therein, what is the enlightenment factor of investigation of phenomena? Whatever wisdom, understanding, etc. non-delusion, investigation of phenomena, right view, enlightenment factor of investigation of phenomena, path factor, included in the path - this is called "the enlightenment factor of investigation of phenomena".

Therein, what is the enlightenment factor of energy? Whatever mental arousal of energy, etc. right effort, enlightenment factor of energy, path factor, included in the path - this is called "the enlightenment factor of energy".

Therein, what is the enlightenment factor of rapture? Whatever rapture, gladness, rejoicing, delight, laughter, mirth, happiness, exultation, pleasure of consciousness, the enlightenment factor of rapture - this is called "the enlightenment factor of rapture".

Therein, what is the enlightenment factor of tranquillity? Whatever tranquillity, full tranquillity, calming, full calming, the state of being fully calmed of the aggregate of feeling, of the aggregate of perception, of the aggregate of mental activities, of the aggregate of consciousness, the enlightenment factor of tranquillity - this is called "the enlightenment factor of tranquillity".

Therein, what is the enlightenment factor of concentration? Whatever is the stability of consciousness, etc. right concentration, enlightenment factor of concentration, path factor, included in the path - this is called "the enlightenment factor of concentration".

Therein, what is the enlightenment factor of equanimity? Whatever equanimity, looking on, looking on with indifference, neutrality of consciousness, the enlightenment factor of equanimity - this is called "the enlightenment factor of equanimity". These are called the seven factors of enlightenment. The remaining states are associated with the seven factors of enlightenment.

475. Seven factors of enlightenment - the enlightenment factor of mindfulness, etc. the enlightenment factor of equanimity.

476. Therein, what is the enlightenment factor of mindfulness? Here a monk, at whatever time he develops supramundane meditative absorption, leading to liberation, leading to non-accumulation, for the abandoning of wrong views, for the attainment of the first plane, quite secluded from sensual pleasures, etc. enters and dwells in the first meditative absorption, which is of difficult practice and sluggish direct knowledge, whatever mindfulness, recollection, right mindfulness, enlightenment factor of mindfulness, path factor, included in the path at that time - this is called "the enlightenment factor of mindfulness". The remaining states are associated with the enlightenment factor of mindfulness, etc. the remaining states are associated with the enlightenment factor of investigation of phenomena, etc. the remaining states are associated with the enlightenment factor of energy, etc. the remaining states are associated with the enlightenment factor of rapture, etc. the remaining states are associated with the enlightenment factor of tranquillity, etc. the remaining states are associated with the enlightenment factor of concentration.

Therein, what is the enlightenment factor of equanimity? Here a monk, at whatever time he develops supramundane meditative absorption, leading to liberation, leading to non-accumulation, for the abandoning of wrong views, for the attainment of the first plane, quite secluded from sensual pleasures, etc. enters and dwells in the first meditative absorption, which is of difficult practice and sluggish direct knowledge, whatever equanimity, looking on, looking on with indifference, neutrality of consciousness, the enlightenment factor of equanimity at that time - this is called "the enlightenment factor of equanimity". The remaining states are associated with the enlightenment factor of equanimity.

477. Seven factors of enlightenment - the enlightenment factor of mindfulness, etc. the enlightenment factor of equanimity.

478. Therein, what are the seven factors of enlightenment? Here a monk, at whatever time he develops supramundane meditative absorption, leading to liberation, leading to non-accumulation, for the abandoning of wrong views, for the attainment of the first plane, quite secluded from sensual pleasures, etc. enters and dwells in the first meditative absorption, which is of difficult practice and sluggish direct knowledge, whatever at that time is contact, etc. there is non-distraction - these mental states are wholesome. As a result of that very supramundane wholesome meditative absorption having been done and developed, quite secluded from sensual pleasures, etc. one enters and dwells in the first meditative absorption,

which is of difficult practice and sluggish direct knowledge, empty, at that time there are seven factors of enlightenment - the enlightenment factor of mindfulness, etc. the enlightenment factor of equanimity.

479. Therein, what is the enlightenment factor of mindfulness? Whatever mindfulness, recollection, etc. right mindfulness, enlightenment factor of mindfulness, path factor, included in the path - this is called "the enlightenment factor of mindfulness", etc.

Therein, what is the enlightenment factor of equanimity? Whatever equanimity, looking on, looking on with indifference, neutrality of consciousness, the enlightenment factor of equanimity - this is called "the enlightenment factor of equanimity". These are called "the seven factors of enlightenment". The remaining states are associated with the seven factors of enlightenment.

480. Seven factors of enlightenment - the enlightenment factor of mindfulness, etc. the enlightenment factor of equanimity.

481. Therein, what is the enlightenment factor of mindfulness? Here a monk, at whatever time he develops supramundane meditative absorption, leading to liberation, leading to non-accumulation, for the abandoning of wrong views, for the attainment of the first plane, quite secluded from sensual pleasures, etc. one enters and dwells in the first meditative absorption, which is of difficult practice and sluggish direct knowledge, at that time there is contact, etc. there is non-distraction. These mental states are wholesome. As a result of that very supramundane wholesome meditative absorption having been done and developed, quite secluded from sensual pleasures, etc. enters and dwells in the first meditative absorption, which is of difficult practice and sluggish direct knowledge, whatever mindfulness, recollection, right mindfulness, enlightenment factor of mindfulness, path factor, included in the path at that time - this is called "the enlightenment factor of mindfulness". The remaining states are associated with the enlightenment factor of mindfulness, etc. the remaining states are associated with the enlightenment factor of investigation of phenomena, etc. the remaining states are associated with the enlightenment factor of energy, etc. the remaining states are associated with the enlightenment factor of rapture, etc. the remaining states are associated with the enlightenment factor of tranquillity, etc. the remaining states are associated with the enlightenment factor of concentration.

Therein, what is the enlightenment factor of equanimity? Here a monk, at whatever time he develops supramundane meditative absorption, leading to liberation, leading to non-accumulation, for the abandoning of wrong views, for the attainment of the first plane, quite secluded from sensual pleasures, etc. one enters and dwells in the first meditative absorption, which is of difficult practice and sluggish direct knowledge, at that time there is contact, etc. there is non-distraction. These mental states are wholesome. As a result of that very supramundane wholesome meditative absorption having been done and developed, quite secluded from sensual pleasures, etc. enters and dwells in the first meditative absorption, which is of difficult practice and sluggish direct knowledge, empty, whatever equanimity, looking on, looking on

with indifference, neutrality of consciousness, the enlightenment factor of equanimity at that time - this is called "the enlightenment factor of equanimity". The remaining states are associated with the enlightenment factor of equanimity.

The Higher Teaching Analysis.

3. The Question Section

482. Seven factors of enlightenment - the enlightenment factor of mindfulness, the enlightenment factor of investigation of phenomena, the enlightenment factor of energy, the enlightenment factor of rapture, the enlightenment factor of tranquillity, the enlightenment factor of concentration, the enlightenment factor of equanimity.

483. Of the seven factors of enlightenment, how many are wholesome, how many are unwholesome, how many are indeterminate? Etc. How many are conflicting, how many are without conflict?

1. The threes

484. May be wholesome, may be indeterminate. The enlightenment factor of rapture is associated with pleasant feeling; six factors of enlightenment may be associated with pleasant feeling, may be associated with neither-unpleasant-nor-pleasant feeling. May be resultant, may be states that have resultant quality. Neither clung-to nor subject to clinging. Undeified and not subject to defilement. May be with applied and sustained thought, may be without applied but sustained thought only, may be without applied and sustained thought. The enlightenment factor of rapture is not accompanied by rapture, is accompanied by pleasure, is not accompanied by equanimity; six factors of enlightenment may be accompanied by rapture, may be accompanied by pleasure, may be accompanied by equanimity. To be abandoned neither by seeing nor by meditative development. Connected with a root to be abandoned neither by seeing nor by meditative development. May be leading to non-accumulation, may be leading to neither accumulation nor to non-accumulation. May be trainee, may be one beyond training. Limitless. Limitless object. Superior. May be with fixed course of the right path, may be undetermined. Not having the path as object, may be connected with the path as root, may have path predominance; may not be said to be connected with the path as root, nor to have path predominance. May be arisen, may be unarisen, may be subject to arise. May be past, may be future, may be present. Not to be said to have a past object, nor a future object, nor a present object. May be internal, may be external, may be internal-external. External object. Non-manifest and non-impinging.

2. The twos

485. The enlightenment factor of investigation of phenomena is a root, six factors of enlightenment are associated with root. The enlightenment factor of investigation of phenomena is both a root and with root, six factors of enlightenment are not to be said to be both roots and with root; with root and not roots. The enlightenment factor of investigation of phenomena is both a root and associated with root, six factors of enlightenment are not to be said to be both roots and associated with root; associated with root and not roots. Six factors of enlightenment are non-roots with root, the enlightenment factor of investigation of phenomena is not to be said to be

non-root with root, nor non-root and rootless. With condition. Conditioned. Non-manifest. Non-impinging. Immaterial. Supramundane. Cognisable in some way, not cognisable in some way. Non-mental corruptions. Without mental corruptions, dissociated from mental corruptions. Not to be said to be both mental corruptions and with mental corruptions, nor to be with mental corruptions and not mental corruptions. To be both mental corruptions and associated with mental corruptions, nor to be associated with mental corruptions and not mental corruptions. Dissociated from mental corruptions. Without mental corruptions. Non-mental fetters, etc. Non-mental knots, etc. Non-mental floods, etc. non-mental bonds, etc. Non-mental hindrances, etc. Non-adherence, etc. With sense-object. Not consciousness. Mental factors. Associated with consciousness. Conjoined with consciousness. Consciousness-originated. Concomitant with consciousness. Consecutive to consciousness. Originate conjoined with consciousness. Originate conjoined with consciousness and arise together with it. Originate conjoined with consciousness and follow it. External. Non-derived. Not clung-to. Not clinging, etc. Not mental defilements, etc. Not to be abandoned through vision. Not to be abandoned by meditative development. Not connected with a root to be abandoned through vision. Not connected with a root to be abandoned by meditative development. May be with applied thought, may be without applied thought. May be with sustained thought, may be without sustained thought.

The enlightenment factor of rapture is without rapture, six factors of enlightenment may be with rapture, may be without rapture. The enlightenment factor of rapture is not accompanied by rapture, six factors of enlightenment may be accompanied by rapture, may be not accompanied by rapture. The enlightenment factor of rapture is accompanied by pleasure, six factors of enlightenment may be accompanied by pleasure, may be not accompanied by pleasure. The enlightenment factor of rapture is not accompanied by equanimity, six factors of enlightenment may be accompanied by equanimity, may be not accompanied by equanimity. Non-sensual-sphere. Non-fine-material-sphere. Non-immaterial-sphere. Not included. May be leading to liberation, may be not leading to liberation. May be fixed in destination, may be undetermined. Unsurpassed. Without conflict.

The question section.

The analysis of the factors of enlightenment is concluded.



ABOUT THIS TRANSLATION

This translation is part of the PaliVerse Project - the first complete, unified English translation of the Pāli Canon together with its Commentaries (Aṭṭhakathā) and Subcommentaries (Ṭīkā), accompanied by interactive study tools. PaliVerse is an ongoing project. The AI translations are continuously improved through experts' revisions and feedback. This text is the latest translation as of the date of download.

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